



P.O. Box 736, Bastrop, TX 78602
Phone: 512-321-7760 | Fax: 512-321-7771
Hotline: 512-303-7755
Toll-Free: 888-311-7755
www.family-crisis-center.org



Fall 09 Newsletter

Staff and Volunteers at the Bastrop Back to School Bash
(John Jones, Shawn Andrade, & Calvin Gibson)



"Be the Change" March & Rally to End Violence

(Areanna Espinoza & Amanda Greene-Henderson)

Saturday, May 16th, 2009, more than 80 community partners joined the Family Crisis Center in a march and rally to raise awareness of domestic and sexual violence and to kick-off the 4th Annual Teen Summit.

Family Crisis Center FY 09 Programs Overview

Crisis Intervention & Prevention

More than 226,000 children and 104,000 adults are raped every year in Texas¹ and law enforcement agencies reported 193,505 incidents of family violence statewide in 2008, involving 208,073 victims and 203,682 offenders.² This information highlights both the need for crisis intervention services as well as prevention efforts in order to bring an end to the cycle of violence.

The Family Crisis Center is committed to a two-fold approach to ending domestic and sexual violence in our communities through comprehensive services to address the immediate needs of individuals in crisis and prevention programs that will help to stop these forms of violence before they occur.

Domestic and sexual violence have long-term, negative impacts on the overall health of individuals, families, neighborhoods, and communities. The Center's Crisis Intervention program is designed to provide advocacy, support, and the coordination of emergency shelter, transportation, and resources 24 hours a day. The Center partners with other social service agencies including Court Appointed Special Advocates (CASA) of Bastrop County, the Children's Advocacy Center, the Bastrop County Emergency Food Pantry and Support Center, Texas RioGrande Legal Aid, and Texas Workforce Solutions in order to... *(continued on p.3)*



The Family Crisis Center's 2010 fundraising

season will soon be underway starting with our 8th Annual Festival of Trees & So Much More in November. The Center holds three major fundraisers each year to support its programs and services.

Annual Events Sponsorship

The Center has created two Annual Special Event Sponsorship levels that will include recognition in all event invitations and publications throughout the year. **FCC Allies for Change**, who contribute at the \$3,500 level, will receive reserved seating for 8 guests at the *Festival of Trees*; reserved seating for 8 guests at *Hollywood Glitz, Glam & Gold*, the annual dinner & dance; their company logo featured at the entrance for both events; entrance for 6 participants in the *Pedal Thru The Pines* cycling event; and their company logo featured on the cycling event t-shirt. **FCC Visionaries**, who contribute at the \$5,000 level, will receive all of the above and two additional seats at the *Festival of Trees* (10 total); two additional seats at *Hollywood Glitz, Glam, & Gold* (10 total); entrance for two additional participants in *Pedal Thru The Pines* (8 total); and recognition on the homepage of the Center's website for one year.

Volunteer Opportunities

Get involved this year in the Center's fundraising, administrative, or program activities as a volunteer! There are many opportunities to support the Center as a volunteer and the rewards are as unique and as personal as the reasons for wanting to volunteer. Volunteers provide information and referral through the hotline; offer support services and conduct intake interviews for walk-in clients; coordinate and participate in fundraising events and awareness activities; serve on the Center's Board of Directors; and provide administrative support to the Center. For more information please visit our website and print the Volunteer Application form or contact the Center at 512-321-7760. Pictured on this page is FCC volunteer, Claudia Heslep, Food & Beverage Chair for the Festival of Trees Committee 08 & 09.

Upcoming Events...

8th Annual Festival of Trees & So Much More...

Saturday, November 21st, 2009
At the Hyatt Regency Lost Pines
Resort & Spa, Bastrop, TX

Thanksgiving Meal Distribution

Monday, November 23rd, 2009

Holiday Gift Giving Event

Friday, December 18th, 2009

Hollywood Glitz, Glam & Gold

Saturday, January 23rd, 2010
Annual dinner & dance at the
Knights of Columbus Hall,
La Grange, TX

8th Annual Pedal Thru The Pines

Saturday, March 6th, 2010
A cycling event benefitting FCC
For more information visit
www.pedalthruthethepines.org



(continued from p.1) provide these services and link individuals to other available resources in the community.

Center staff members have worked to develop and strengthen community partnerships in order to provide victim services as well as community education and prevention programs. In the past academic year, the Center significantly increased educational programs for K-12th grade students in Bastrop, Colorado, Fayette and Lee Counties and received a great deal of support and positive feedback from school board members, administrators, school staff members, and students who participated in these programs.

Center staff members coordinated the 4th Annual Teen Summit in May, 2009, which included presentations to over 1300 middle school students on three topics: Media Influence, Internet Safety, and Tolerance. The 50-minute trainings took place over the course of two days at Bastrop and Cedar Creek Middle Schools and the event was accompanied by a Parent's Night presentation. The Center hopes to track this group of students as they complete high school in order to evaluate the success of progressive anti-violence and anti-victimization education.

1. National Center for Victims of Crime and Crime Victims Research and Treatment Center. 1992. *Rape in America: A Report to the Nation*. Arlington, VA.
2. Texas Department of Public Safety – Uniform Crime Reporting (UCR). 2008. *Crime in Texas 2008 Overview*.

Residential & Counseling Services

For many of the Center's clients, leaving an abusive relationship means a great deal of change. The Center is committed to providing emergency shelter and support services for all individuals in need. This summer, residential staff members provided case management services; resource information and referral; transportation; classes on nutrition, budgeting, parenting, and job skills; and facilitated group meetings designed to assist survivors in their transition to self-sufficiency. Counseling staff members provided, on average, 12 weeks of one-hour individual counseling for

clients in order to empower them to move past trauma and to develop supportive relationships with family and peers. Residential staff members also coordinated summer outings for children in the emergency shelter and transitional housing programs, which included a day at Schlitterbahn, a Round Rock Express baseball game, a museum trip, and a bowling pizza party.

Measuring Program Success

Beyond tracking service related data, the Center develops program objectives and tracks progress towards these objectives through client surveys, presentation evaluations, and pre and post-tests that accompany training sessions. In order to evaluate progress for the Crisis Intervention program, staff members utilize anonymous client surveys to measure: 1) increased knowledge of safety strategies, and 2) increased knowledge of community resources and victims' rights. Positive outcomes in response to these measures have been demonstrated to contribute to long-term improvements in the safety and well-being of victims who have contacted a domestic violence program or sought shelter. Survey results for the first three quarters of the current year have been collected and are reflected in the chart below; with 91% of clients surveyed reporting increased knowledge of strategies for enhancing safety, and 96% of clients surveyed reporting increased knowledge of resources and crime victims' rights.

